

Lower Pool Available Lap Lanes

Temporary Schedule for January 2008

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-8:00am 5 Lanes	5:30-8:00am 5 Lanes	5:30-8:00am 5 Lanes	5:30-8:00am 5 Lanes	5:30-8:00am 5 Lanes		
8:00-10:00am 4 Lanes Physical Therapy	8:00-9:00am 4 Lanes Physical Therapy	8:00-10:00am 4 Lanes Physical Therapy	8:00-9:00am 4 Lanes Physical Therapy	8:00-9:00am 4 Lanes Physical Therapy	7:00-9:00am 5 Lanes	7:00-9:00am 5 Lanes
	9:00-10:00am 2 Lanes Water Exercise		9:00-10:00am 2 Lanes Water Exercise	9:00-10:00am 3 Lanes Water Exercise	9:00-10:00am 2 Lanes Water Exercise	9:00-10:30am 3 Lanes Special Olympics
10:00-11:15am 2 Lanes Mudsharks	10:00-11:00am 2 Lanes SAM 1/22-2/27	10:00-11:15am 2 Lanes Mudsharks	10:00-11:00am 2 Lanes SAM 1/22-2/27	10:00-11:15am 2 Lanes MudSharks	10:00-11:00am 2 Lanes Lesson/SAM 1/22-2/27	10:30am-1:00pm 4 Lanes Rec Swim
11:15am-1:00pm 3 Lanes PT/ Lessons/Rec	11:00am-3:30pm 3 Lanes PhyTherapy//Rec	11:15am-1:00pm 3 Lanes PT/Lessons/Rec	11:00am-3:30pm 3 Lanes PhyTherapy//Rec	11:15am-1:00pm 3 Lanes PT/Lessons/Rec	11:00am-1:00pm 3 Lanes Rec Swim/Lesson	
1:00-2:00pm 2 Lanes Water Aerobics		1:00-2:00pm 2 Lanes Water Aerobics		1:00-2:00pm 2 Lanes Water Aerobics	1:00-4:00pm 2 Lanes Rec Swim	1:00-4:00pm 3 Lanes Rec Swim
2:00-3:30pm 4 Lanes Phys Therapy/Rec		2:00-3:30pm 4 Lanes Phys Therapy/Rec		2:00-3:30pm 4 Lanes Phys Therapy/Rec		
3:30-4:00pm 2 Lanes Clinic/Rec	3:30-6:15pm 2 Lanes Clinic/Rec	3:30-4:00pm 2 Lanes Clinic/Rec/Lesson	3:30-6:15pm 2 Lanes Clinic/Rec	3:30-4:00pm 2 Lanes Clinic/Rec	4:00-7:50pm 5 Lanes Rec Swim	4:00-7:50pm 5 Lanes
4:00-7:00pm 2 Lanes Clinic		4:00-7:00pm 2 Lanes Clinic		4:00-7:00pm 2 Lanes Clinic		
7:00-8:15pm 3 Lanes	6:15-9:50pm 5 Lanes	7:00-8:15pm 3 Lanes	6:15-9:50pm 5 Lanes	7:00-9:50pm 5 Lanes		
8:15-9:50pm 5 Lanes		8:15-9:50pm 5 Lanes				



SCHEDULED ACTIVITIES IN LOWER POOL (except where noted)

- ⇒ Monday thru Friday pool closed at 9:50pm ~ Saturday & Sunday closed and covered 7:50pm
- ⇒ Swim Lessons Saturday 10-12 on M-F 2-6pm ⇒ Swim Clinic M-F 3:30-6:15pm
- ⇒ Diving Well CLOSED M/W 9-10 & Tues/Thurs 6-7pm ⇒ Special Olympics Sundays 9-10:30am
- ⇒ Rec Swim S & S 1-4pm ⇒ Water Ex: M/W/F 1-2pm & T/Th/Fri/Sat 9-10am
- ⇒ MudSharks: M/W/F, 10-11:15am & Mon Wed, 7-8:15pm
- ⇒ Physical Therapy: M~F, 8-10am, 11:30am-12:30pm & 2-3pm LOWER POOL
- ⇒ Families with special needs youth may lap swim w/parental supervision in LOWER POOL
- ⇒ Swim A Mile (SAM) T, Th, Sat, 1/22-2/27 10-11am: M, W, F 1/23-2/26, 6-7pm
- ⇒ Core Swimming Clinics Saturdays 10-11am (1/5, 12 & 19)

Upper Pool Lap Lane Availability

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Upper Pool is CLOSED for repairs! SORRY!!!</p>						