

## REGISTRATION

Payment will be made upon registration or purchase of swim package.

### SWIM SCHOOL COORDINATOR:

#### PHYLLIS

Office: 415.897.2185

FAX: 415.898.0659

meridianswimschool@rollinghillsclub.com

### SWIM SCHOOL OFFICE HOURS:

Wednesday & Friday 10am-12pm

Telephone call-backs made daily,  
Monday thru Saturday.

### Refund Policy

Refunds & credit will only be issued if cancellation is made 48 hours or more before a class begins. You will be responsible for full payment regardless of reason for cancellation after 48 hours.

Participants may not make up classes which have been missed.

*Lessons are non-refundable.*

Lessons will be held as scheduled regardless of the weather. Lightning is the only condition which will cancel class.

### Locker Rooms

All children under the age of 13 must be under direct supervision while in the adult locker room. Family changing rooms and junior locker rooms are available.

## Check in / Check out

### All Participants:

- \* Members and Non-members must check in and out at the Front Desk.
- \* Please schedule your time accordingly for this process.
- \* During your child's swim lesson, we ask that parents remove themselves from the immediate area of instruction.

### Non-Members:

- \* As a non-Member, your time at the Club is limited to 20 minutes before and 20 minutes after a lesson. Non-members are issued a swim session card from the Swim Lesson Coordinator. The waiver on the back of this card must be signed before taking the first lesson. Use this card as your I.D. to check in and out at the Front Desk for the remaining lessons in your session.



**MERIDIAN**  
**SPORTS CLUBS**  
*Rolling Hills • Novato*

## Swim School

### Winter/Spring, 2009

Winnifred Comfort, Aquatic Director



meridianswimschool@rollinghillsclub.com

351 San Andreas Drive  
Novato, California

415.444.9520

[www.meridiansportsclubs.com](http://www.meridiansportsclubs.com)

## Facility Description

Meridian's Rolling Hills Club has two outdoor, year-round, heated swimming pools, 25 yds. in length, a baby pool, and two outdoor hot tubs. The temperatures for the pools range from 80-83 degrees.



## CATCH THE WAVE ~ LEARN TO SWIM!

Whether you are 8 months old or an adult, we offer year round instruction in our heated pools. We have excellent, experienced instructors, who are ready to help you change your swimming challenges into immediate, life changing, positive results!

# MERIDIAN SWIM SCHOOL 2009

**SERVING OUR  
COMMUNITY FOR  
OVER 30 YEARS!!!**

## QUOTES ABOUT OUR INSTRUCTORS

- "Swim lessons are the high light of my son's day!"
- "My child is having so much fun and learning so much, too!"
- "You make swim lessons fun!"
- "My child's skills advanced so much in just 3 days!"
- "Superb, wonderful, supportive instructor!"
- "Because I met you, I want to come back!"



## SWIM LESSONS Winter/Spring Flexible Scheduling

Private	Member	Non-member
4x20 mins.	\$ 86	\$112
8x20 mins.	\$149	\$193
1x30 mins.	\$ 38	\$ 49
4x30 mins.	\$137	\$183
* Family Pack (20% savings/prepaid)		
20x20 mins.	\$344	\$448
20x30 mins.	\$608	\$790



### New Monthly Adult Clinics

Saturday, February 21st  
12~3pm  
Butterfly Clinic  
\$69/Members, \$89/Non-members

### February Youth Clinics

with RHC Coaches Lou

These clinics are for current Stingray Swimmers as well as those children who are considering becoming a future Stingray!

*Practice Schedule (Monday~Thursday)*

GROUP I (8 and under) 3:30-4:15pm

GROUP II (9 yr-8th grade) 4:15~5:15pm

GROUP III (High School) M&W 5~6pm

Pre-Tadpoles M, W & F 3:30~4pm  
\$62 Members / \$82 Non-member  
February 16, 18, 20, 23, 25 & 27

### Ask About:

- \* Learn to Swim A Mile
- \* Learn to Swim A Mile Brushup / March
- \* Lifeguard Certification in April
- \* Stingrays begin March 2nd
- \* Quarterly No-Cost Swimmer Orientation

## Swim School Registration

Participant Name \_\_\_\_\_ Age \_\_\_\_\_

Adult/Guardian Name \_\_\_\_\_

Address \_\_\_\_\_

E-mail \_\_\_\_\_

Phone # ( ) \_\_\_\_\_

Member # \_\_\_\_\_ Non \_\_\_\_\_

**Lesson Type:** \_\_\_\_\_

**Lesson Dates:** \_\_\_\_\_

**Lesson Time:** \_\_\_\_\_

**Instructor:** \_\_\_\_\_

**Total Due** \$ \_\_\_\_\_

*Please Read "Registration" , "Check In/Out"*

-----Guest Waiver-----

As a guest, my time at the Club is limited to 20 minutes before and 20 minutes after a lesson. I understand and agree that all use of Club facilities shall be undertaken at my sole risk and the Club shall not be liable for any personal injuries or any damage to my property.

Signature: \_\_\_\_\_ Date \_\_\_\_\_

### **Payment Due Upon Registration**

Cash, Check, Credit Card, Club Charge

Card # \_\_\_\_\_

Exp. Date \_\_\_\_/\_\_\_\_

Signature \_\_\_\_\_

Tear Off