

KID'S CLUB

Kid's Club welcomes members ages 6 weeks to 5 years old. Reservations are required. Kid's Club will close early if there are no reservations scheduled.

Monday

8:30am~ 1:00pm 3:30~7:30pm

Tuesday

8:30am~ 1:00pm 3:30~7:30pm

Wednesday

8:30am~ 1:00pm 3:30~7:30pm

Thursday

8:30am~ 1:00pm 3:30~7:30pm

Friday

8:30am~ 1:00pm 3:30~7:30pm

Saturday & Sunday

8:00am~ 1:00pm

*** Kids Club will close early if there are no reservations.**

RATES

Members: \$5 per hour per child

Monthly fee: Up to 30 hours of babysitting per month*

\$40/month for first child

\$30/month for each additional sibling

Guests: CASH \$8 per hour per child
\$3.50 No Show Fee

These rates apply to those members whose children are included on their memberships. Individual or couple members pay non-member rates.

***Billing period:** Our "month" runs from the 1st to the 31st. This coincides with the general MRHC billing cycle.

LIFEGUARD HOURS

February 1~28

Wednesday

3:15-5:30pm

Saturday & Sunday
1-4pm

February 12, 15~19
1-4pm

Children must be at least 14 years old to swim without a lifeguard on duty. Whether a lifeguard is on duty or not, no one under 8 years of age may swim without direct adult supervision on the pool deck.

Non-swimmers wearing a floatation device must stay in the shallow end of the pool. The deep end, including the diving board, is off limits even with an adult in attendance. An adult must be in the water with the child with-in arm distance at all times.



**MERIDIAN
SPORTS CLUBS**
Rolling Hills • Novato

ALL ABOUT KIDS

February 2010

Entertainment Center, Kid's Club, & Programs



351 San Andreas Drive
Novato, California

415.897.2185

www.meridiansportsclubs.com

February Kids Events

Parent's Night Out 18 mo~12 years * \$13/child

Friday, February 12th* 6:00-9:30pm

Give yourself a fun night out and your children will enjoy pizza dinner, videos, crafts, and games. Make your reservations at the Front Desk. Call with cancellations, no shows will be charged.

Creative Movement for Kids 3-5 yrs. \$35 month/\$45 non
Every Monday * 1-1:45pm

Children explore movement, learn about their bodies and the way they move, and are introduced to the concepts of space, time, and shape thru the use of games. Must have at least 6 for class to be held.

Ski Week Multi-Sports Camp \$45 day member/\$55 day non
February 15-19 * 9am-4pm

Our fun, full day of camp includes tennis, swimming, exercise w/Personal Trainer, soccer, basketball, and more! Register w/Registration Form.

Seika Ryu Martial Arts 10-Adult \$69pp month/\$89 non
Tuesdays & Thursdays through-out the year * 6:30pm

This program encourages and increases coordination, self control & self confidence in kids and adults Register by calling 707.523.3200 or emailing www.seikaryu.com

Junior Tennis Programs
ongoing!

For classes information and starting dates, check the Junior Tennis Brochure in the Front Lobby or w/Fern Ruth in the Tennis Department

**REGISTER FOR ALL CLASSES AT THE FRONT DESK
UNLESS OTHERWISE STATED.**

ENTERTAINMENT CENTER

February 1~28

Monday thru Friday

3:30-6:30pm

Saturday & Sunday

8:00am-1:00pm

February 12, 15~19

8:30-12 & 3:30-6:30pm

In the Entertainment Center, you and your children can enjoy ping-pong, air hockey, arts & crafts, table games, and video games at no charge. The E.C. is always supervised by RHC staff!

**SHOES AND SHIRTS MUST BE
WORN AT ALL TIMES. NO EATING
OR DRINKING.**

Children under 6 need to be accompanied by a parent at all times. 6 & 7 year olds should be signed in by a parent with the E.C. Staff. Over 8 may be in the E.C. without a parent.

Time limit is 2.5 hours. Parent should remain on the Club premises.

