

MERIDIAN BODIES AND MOTION AT PARK LABREA

Swim Club 5801 W. 6th Street Los Angeles California 90036 (323) 954-1100

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Class schedules are subject to change. For information please contact the pool at: 323-954-1100. Pool Closes 10pm daily. Open swim available all hours of operation except during Masters Swimming and Junior Swim team. Lanes must be shared during busy times. <u>No Lifeguard on Duty Swim at your own risk!</u> Parents must watch children at all times. Pool closes at 10pm daily.</p>						
<u>8:00 am</u> <u>Pool Opens</u>	<u>6:00 am</u> <u>Pool Opens</u>	<u>6:00 am</u> <u>Pool Opens</u>	<u>6:00 am</u> <u>Pool Opens</u>	<u>6:00 am</u> <u>Pool Opens</u>	<u>6:00 am</u> <u>Pool Opens</u>	7:00-8:30am <i>Masters Swimming</i> (lap pool closed)
		6:30-8:00am <i>Masters Swimming</i> (lap pool closed)		6:30-8:00am <i>Masters Swimming</i> (lap pool closed)		8:00 am Pool Opens
	8:30-9:45am <i>Poolside Yoga</i> Evalee		8:30-9:45am <i>Poolside Yoga</i> Evalee	9:30-10:00am <i>Parent & Me Swim diapers</i> <i>Required</i> <i>Starts June 23,2011</i>	8:30-9:45am <i>Poolside Yoga</i> Evalee	9:00-10:00am <i>Aqua Aerobics</i> Maruca (open pool)
	9:00-10:00am <i>Aqua Aerobics</i> Tracy (open pool)	4:15pm- 5:15pm <i>Junior Swim Team</i> Vanessa (lap pool limited)	9:00-10:00am <i>AQUA ZUMBA</i> Maruca (open pool)	4:15pm- 5:15pm <i>Junior Swim Team</i> Vanessa (lap pool limited)	9:00am-10:00am <i>Senior Splash</i> Maruca (open pool)	
<u>Family hours</u> 10:00-7:00pm	<u>Family hours</u> 10:00-7:00pm	<u>Family hours</u> 10:00-7:00pm 7:00pm- 8:00pm <i>Aqua Aerobics</i> Martha Ellen	<u>Family hours</u> 10:00-7:00pm	<u>Family hours</u> 10:00-7:00pm	<u>Family hours</u> 10:00-7:00pm	<u>Family hours</u> 10:00-7:00pm
		8:00-9:30 pm <i>Masters Swimming</i> (lap pool closed)	<i>SENIOR SPLASH 7PM</i> Maruca (open pool)	8:00-9:30 pm <i>Masters Swimming</i> (lap pool closed)		